

Monthly SleepMagic Email Mentoring

Any and every review, question and/or editing / explaining : \$500 per month P/I/A

One exchange per day (from you > to me > back to you) : \$250 per month P/I/A (additional @ \$25 each)

My role in the SleepMagic Email mentoring process is to help you master the technique of SleepMagic with regard to how you “approach” your body as well as how to go about determining appropriate wording as well as what is actually “doable” for your body and in what ways. Essentially to train you to master the technique for yourself so my assistance is no longer needed.

In order to assist you I will be creating both a Human Design chart and an astrological chart so that I can know where your roots are, where you are coming from. If you wish to provide me with a brief personal history, you may. If you have something specific that you wish to address, we can do that.

If you have read, SleepMagic, Surrender to Success and Feng Shui from the inside out, and completed the Requests for your Body/“assignments” in those books, you’ll be off to a good start and save yourself some money. If not, we will be starting with those “assignments” to provide the strong foundation that your body needs to do the work.

Feel free to ask me any questions about this process; I will answer as quickly as thoroughly as I can.

Psychologist Zipporah Dobyns (1970) on the use of astrology as a psychological tool.

It offers, first of all, a personality system based on an external frame of reference which is therefore superior to the arbitrary systems manufactured in such abundance within the field of personality study, and which is almost certain to be the universal system of the psychology of the future. It offers a symbolic blueprint of a human mind and destiny which cannot be manipulated by the subject wishing to “fake good” or “fake bad” as it is relatively easy to do in many psychological questionnaires. It offers insight into the areas of which the subject often knows little or nothing... repressions, values never consciously verbalized, ambivalences and conflicts projected into events and relationships and never consciously faced. It offers clues to unrealized potentials, talents, natural channels for integration and sublimation, etc. With its record of past and future patterns it also offers clues to early traumatic events which the depth therapist might wish to explore and to future periods of stress when the individual is likely to need extra support. It is my firm conviction that the psychotherapy or counseling of the future will use the horoscope as routinely as we now use the interview and background data on the subject.

From Astrology, Psychology, & The Four Elements, Stephen Arroyo, MA